

French Toast with Pear Compote and Warm Maple Syrup

3 tablespoons butter, divided

2 eggs, lightly beaten

½ cup whole milk

½ teaspoon vanilla extract

Pinch of nutmeg

4 thick slices of sourdough bread

1 large pear, cored and diced

1 tablespoons brandy

1 tablespoon sugar

½ teaspoon cinnamon

1 tablespoon chopped toasted walnuts

1/4 cup warm maple syrup, optional

- Melt 2 tablespoons of butter in a nonstick pan over medium heat.
- Whisk together the eggs, milk, vanilla and nutmeg. Soak bread in egg mixture.
- Cook bread, turning once, until golden brown, about 2 minutes per side. Transfer to plate.
- Add remaining butter to pan. Cook pears until softened.
- Add brandy; cook until evaporated. Stir in sugar, cinnamon and walnuts.
- Serve French toast topped with compote and warm syrup; garnish with nuts.

Cheese, Bacon and Apple Panini

1/4 cup mayonnaise

1 tablespoon Dijon mustard

1 teaspoon Sriracha, optional

1 teaspoon lemon juice

½ teaspoon Worcestershire sauce

Pinch of garlic powder

Pinch of onion powder

Sea salt and freshly ground black pepper

4 slices French or whole grain bread

6 bacon strips

Sliced cheese (fontina, swiss, brie, etc.)

8 thin slices apple

½ cup fresh arugula

2 tablespoons butter, softened

- In a small bowl, stir together the mayonnaise, Dijon, Sriracha, lemon juice, Worcestershire and spices.
- Season with salt and pepper.
- Spread sauce on each of the pieces of bread.
- Form sandwiches with bacon, cheese, apples and arugula.
- Bring a nonstick grill pan to medium heat. Coat with butter.
- Grill sandwiches, turning once, until golden and cheese is melted. Serve warm.



Shakshuka

2 tablespoons olive oil

½ small onion, finely diced

½ small red pepper, finely diced

2 cups fresh baby spinach

1 plum tomato, diced

2 cloves garlic, minced

1 teaspoon cumin

1 teaspoon smoked paprika

1 teaspoon cayenne pepper

1 tablespoon tomato paste

Vegetable stock or water, as needed

4 eggs

½ tablespoon minced cilantro or chives

Crusty Bread

Sea salt and freshly ground pepper

- Bring a nonstick pan to temperature over a medium heat. Add oil.
- Sauté onions, peppers, spinach, and garlic until nicely softened and light golden brown.
- Add the tomatoes; cook 1 minute more.
- Stir in spices; cook for one minute. Stir in tomato paste; cook 1 minute more.
- Add the stock, cook for about 5 minutes. Season with salt and pepper.
- With a spoon, make four holes in the peppers and onions.
- Crack an egg into each hole. Continue to gently simmer until whites are set, about 6 to 8 minutes.
- Season with fresh parsley; serve with bread.